

**CARINE SENIOR HIGH SCHOOL** 

Seching Excellence in Education

Principal: Damian Shuttleworth B.Arts, B.Ed. MSL.

## PARENT/CARER BOARD MEMBER PROFILE

Please provide a brief profile of yourself outlining the following:

back to a community that I hold very close to my heart.

- Why have you nominated to be a parent/carer member of the Carine Senior High School Board?
- Which skills, attributes, and experiences you would bring to the role?

## Name: Sarah Cliff

I have nominated to be a parent member of the CSHS board as I am a passionate advocate of health, wellness, wellbeing and education for our youth. I have worked as an Occupational Therapist for more than 20 years specialising in mental health and chronic illness. I am a firm believer that we need to support multiple pillars of wellbeing so that we can assist our children to develop into young adults that are caring and community minded. To achieve this, a key component of development is their education. I believe that by being a part of the board I will be able to support and advocate for the teenagers of today.

I currently hold the role as a key leader in a national company that supports individuals return to health and wellbeing, whether it be physical or psychological, secondary to injury or illness. I support our national team of allied health professionals focusing on a coaching and mentoring approach to ensure that best practice is met by the team and that we provide our clients with amazing healthcare, regardless of their location. I also complete key account management roles which involves customer complaint resolution and ensuring a high volume of referral numbers. I have recently completed a mini MBA to ensure ongoing professional development of my own skills.

I am the chairperson of our company Diversity & Inclusion committee as we (and I) have a strong commitment to ensuring that we value and support diversity and inclusion from a national perspective regardless of gender, race, or culture. I have further roles in the WA executive of the Australian Rehabilitation Providers Association and in the OT interest groups ensuring that I have strong leadership and collaboration skills across a multitude of disciplines. I have worked and lived in the local community for the duration of my life. I grew up in Trigg, and went to Carine Senior High School. I now have three children at Carine Senior High and working within the board would be an absolute pleasure and would provide me with an opportunity to give

Thanks Sarah